

**LOUISIANA DEPARTMENT OF EDUCATION
SCHOOL FOOD SERVICE SECTION**

DIET PRESCRIPTION FOR MEALS AT SCHOOL

****Special Diets will not be supplied and certain foods will not be substituted or omitted,
until this form is filled out by an MD and approved by Child Nutrition Department.****

DIET PRESCRIPTION for MEALS at SCHOOL

Student's Name _____ Age _____

School _____ Grade/Classroom _____

Parent's Name _____

Address _____ Telephone _____
Street or P. O. Box City State

Does the student have a disability that requires a special diet? Yes _____ No _____
If Yes, describe the major life activities affected by the disability on back.

If the student is not disabled, list the medical condition that requires special nutritional or feeding needs.

Diet Prescription (Check all that apply.):

- | | |
|---------------------------------------|--|
| <input type="checkbox"/> Diabetic | <input type="checkbox"/> Increased Calorie _____ #kcal |
| <input type="checkbox"/> Food Allergy | <input type="checkbox"/> Reduced Calorie _____ #kcal |
| <input type="checkbox"/> Hypoglycemic | <input type="checkbox"/> Texture Modification |
| <input type="checkbox"/> PKU | Chopped _____ Ground _____ |
| <input type="checkbox"/> Other _____ | Pureed _____ Liquefied _____ |
| <input type="checkbox"/> Tube Feeding | Liquefied Meal _____ Formula _____ |

Foods Omitted and Substitutions

(Please check food groups to be omitted. Identify specific foods to omit and list foods to be substituted. If necessary, attach additional information or instructions regarding the diet or feeding.)

- | | | |
|--|---|---|
| <input type="checkbox"/> Food Groups to Omit | <input type="checkbox"/> Meat and Meat Alternatives | <input type="checkbox"/> Milk and Milk Products |
| <input type="checkbox"/> Bread and Cereal Products | <input type="checkbox"/> Fruits and Vegetables | |

Specific Foods to Omit

Specific Foods to Substitute

I certify that the above named student needs special school meals prepared as described above because of the student's disability or chronic medical condition.

MUST BE SIGNED BY A DOCTOR

Office Telephone # () _____

Date: _____

Licensed Physician/Recognized Medical Authority **PRINT**

Licensed Physician/Recognized Medical Authority **SIGNATURE**

Revised 4/2016